# New Dimensions

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#### THANK YOU FOR YOUR **DONATIONS**

We'd like to thank:

RJ McWhinney Smash Repairs Pty Ltd (Mark and Joanne) for their continuous support with our vehicle repairs.



# message from the CEO



#### **HELLO FAMILIES AND** SUPPORTERS OF SUNNYHAVEN

This is our second newsletter for the year 2019. The NDIS still has many challenges in particular around getting approval for Independent Supported Living. A number of clients have been waiting for 8 months for their SIL to be approved. I'm sure you can appreciate that we are still providing services without funds to support their plans.

It was interesting to hear the Prime Minister make comments that the NDIS has to improve around ensuring

individualized supports are delivered. The sector has been raising these concerns since the inception. Many times I have sat in NDIS Review meetings and been requested to provide information to prove that our participant has a disability.

Last month we saw the passing of one of our clients after a stay in hospital. We will miss the cheekiness of Suzanne and the valuable relationships' we have built with her wonderful family.

We were honoured to have Linda Burney, MP for Banks open the Heath street property. The clients and staff worked very hard to make this a fantastic opening and showcase the innovation of Sunnyhaven.

We look forward to continuing the work we do by building connections and supporting our participants to be the best they can be.

Maree Mullins Chief Executive Officer

# Newsletter stories Heath street Launch

### WE'RE PLEASED TO ANNOUNCE THAT HEATH STREET HAD ITS OFFICIAL GRAND OPENING LAST APRIL 8TH 2019.

The Heath Street complex provides innovative, person-centred accommodation options.

The Hon. Member for Banks, Linda Burney recently opened this exciting complex. Our thanks to Steve Kamper, Member for Rockdale for attending this special day and to Uncle Ray who conducted the Welcome to Country.

Our thanks also to all our families who attended the day. Our clients loved showing everyone their rooms and talking about how this housing option has helped them grow.









## community access

BRONWYN ENJOYS ATTENDING SUNNYHAVEN'S DAY SERVICES AT PENSHURST WHERE SHE IS ABLE TO MEET HER FRIENDS AND ACCESS THE COMMUNITY.

# A DOUBLE BITHNOWN CELEBRATION FOR Ualda and Alan

A FEW MONTHS AGO,
WE CELEBRATED THE BIRTHDAYS OF
OUR TWO BELOVED CLIENTS, VALDA
AND ALAN, RESIDENTS AT BOX ROAD.

It was a surprise party arranged by our team at Sunnyhaven. They were very excited to see their families and friends, all gathered together to be with them during their special day.

We started the celebration by bringing them their individual cakes (chocolate for Alan and Vanilla for Valda) and with everyone singing Happy Birthday to them. The gathering also became more enjoyable as we all shared a delicious lunch which included Valda and Alan's favorite dishes. We spent the rest of that beautiful day sharing laughter, stories and of course, taking pictures!



### Andrew Smith at 206 Frederick Street

WE HAVE OPENED A NUMBER OF NEW ACCOMMODATION OPTIONS FOR PEOPLE WITH DISABILITIES.

One particular house we'd like to share about is 206 Frederick Street where Andrew now resides with support staff.

Like many of our clients in our specialised housing accommodations, Andrew has staff assistance for all activities of his daily living. We provide Andrew with support so he can build on his strengths and improve on his confidence to take on daily tasks.

Since his move last February, we are very happy to see Andrew settle well at his new residence while slowly and consistently developing his independent living skills. Our staff has been teaching Andrew how to make his meals and complete his own personal care amongst other things. Every day, he impresses us as he learns new skills and gets better at them each time.

Our Sunnyhaven team is excited to see more amazing improvements with Andrew in the coming months!



# catherings at sylvania

OUR SYLVANIA HOUSE PROVIDES
A MIX OF PERMANENT
ACCOMMODATION AND SHORT
TERM OPTIONS THAT BUILD
FRIENDSHIPS WHILST DEVELOPING
INDEPENDENCE.

Respite Sylvania is a house that's always busy hosting many get together so our residents can all gather and spend time over lunches and barbecues.

Recently, our team held an event over the Easter break where we organised an easter egg hunt, a sumptuous lunch for all attendees, and a trip to the Easter show. We're so thrilled to see all our clients accessing Sylvania enjoy themselves during that weekend as they catch up with friends from other houses. They all

joined the hunt and even helped in preparing the food and setting up the tables - another showcase of their independence skills!

To cap off the fun week, our Sylvania residents also went to the beach during Anzac day, taking advantage of the exceptionally good weather to have picnics and enjoy some sun.









### Daniel's 1:1

# DANIEL YANG IS ONE OF OUR RESIDENTS FROM LEEDER AVE.

Each Sunday, Daniel is supported to go out into the community and enjoy recreational activities where our staff provide opportunities for social inclusion. Daninel's favorite activity is to catch the train to his favorite destinations.



### creg oldfield goes to Dankes Forest

GREG OLDFIELD LOVES HORSES!
IF THERE'S ONE THING THAT HE CAN
SEE EVERYDAY, IT WOULD DEFINITELY
BE THIS BEAUTIFUL ANIMAL.

For Greg, horses has ways of relaxing him and reminding him of how wonderful nature is.

When we drove Greg to Darkes Forest, we could see the excitement in Greg's eyes. He told us how happy he was and that he has been looking forward to this moment. The minute he stepped out of the car, he ran to see the first horse that he saw. He and his housemate went to see almost all the horses in the ranch and spent a lot of time interacting with them. One horse owner noticed how much fun Greg was having that she even took the time out to let him feed and groom her horse. Greg's interaction with the horses and the joy that sparkled in his eyes were truly worth capturing!



# sunnyhauen In-House Art program

THIS YEAR, WE HAVE INTRODUCED AN IN-HOUSE ART PROGRAM FOR OUR CLIENTS TO CREATE AND EXPLORE THERE HIDDEN SUNNY TALENTS.

Using the common grounds as our canvas, we have been focusing on creating an inviting outdoor area where we can hold our events, and where our clients and their guests can relax and just enjoy the fresh air.

With their creative minds working together, the participants and staff have revamped the fence line and have

created a beautiful mural of different leaves. They also repainted the tool boxes along the outside yard area, creating features that enhanced our gardens. These gardens are also works of art by our participants from our gardening program.







It's really great to see the participants showing great interest. It also gets better every time we see how excited and proud they were to show others their work! Through these art programs, they are not only able to harness their creative talents, but they are also able to have fun and form new friendships.

We are also very proud of our staff who worked alongside the participants to create such a wonderful area for all our visitors. The excitement and togetherness that result from this project is truly what makes this type of day service worth having every single time.

Well done team!